



WiSE

Wetherby in Support of the Elderly



Activities: December 2022

DATE	EVENT	TIME	LOCATION	PRICE
Mon 28th				
Tue 29th	WiSErsice	10.00am-11.00am	Boston Spa Village Hall - Lantern Room	£3 including refreshments
	WiSE Winter Warmer Café	11.30am-1.30pm	Wetherby Town Hall	Pay-as-you-feel café - open to everyone
Wed 30th	Move & Groove	1.00pm-2.30pm	Walton Village Hall	£3 including refreshments
Thur 1st	Chairbics Aerobics	10.30am-11.15am 11.15am-12.00pm	The Engine Shed, Wetherby	£3 for one class, or add an extra £1 to do both classes. Includes refreshments
	Crafty Christmas Party	10.30am-12.30pm	Deepdale Community Centre, Boston Spa, LS23 6EW – Beech Room	£5 including refreshments
Fri 2nd	Line Dancing	10.30am-12.00pm	St Joseph's Church Hall, Westgate, Wetherby	£3 including refreshments
Mon 5th	Walton Christmas Coffee Morning	10.00am-12.00am	Walton Village Hall	Open to everyone
Tue 6th	WiSErsice	10.00am-11.00am	Boston Spa Village Hall - Lantern Room	£3 including refreshments
	WiSE Winter Warmer Café	11.30am-1.30pm	Wetherby Town Hall	Pay-as-you-feel café - open to everyone
Wed 7th	Move & Groove	1.00pm-2.30pm	Walton Village Hall	£3 including refreshments
Thu 8th	Chairbics Aerobics	10.30am-11.15am 11.15am-12.00pm	The Engine Shed, Wetherby	£3 for one class, or add an extra £1 to do both classes. Includes refreshments
	Knit, Natter Craft & Chatter - Fir Cone Christmas Decorations & Reindeer Plaques	10.30am-12.30pm	Deepdale Community Centre, Boston Spa, LS23 6EW – Beech Room	£3 including refreshments
Fri 9th	Line Dancing	10.15am-12.00pm	St Joseph's Church Hall, Westgate, Wetherby	£3 including refreshments
Sun 11th	Wetherby Dickensian Christmas Market & Craft Fayre	9.00am-3.00pm	Wetherby Town Hall, Market Place and The Shambles	Handmade products available to buy
Mon 12th				
Tue 13th	WiSErsice	10.00am-11.00am	Boston Spa Village Hall - Lantern Room	£3 including refreshments
	WiSE Winter Warmer Café	11.30am-1.30pm	Wetherby Town Hall	Pay-as-you-feel Café
	Christmas Bingo & Fun	1.00pm-3.00pm	Wetherby Sports Association	£3 including refreshments - Don't forget to wear your christmas jumpers
Wed 14th	Move & Groove	1.00pm-2.30pm	Walton Village Hall	£3 including refreshments
Thur 15th	Christmas Party with Memphis Pete	1.00pm-3.30pm	The Engine Shed, Wetherby	SOLD OUT
Fri 16th	Line Dancing	10.15am-12.00pm	St Joseph's Church Hall, Westgate, Wetherby	£3 including refreshments

We look forward to welcoming you to our activities. Please help us deliver our services to the best of our ability and only arrive at our venues no more than 15 minutes before the event start time. If you are able to bring the correct change with you that would be a great help, too!

Raffle tickets for Christmas prize draw available NOW!

Prizes include a £100 Morrison's voucher, a diamond necklace, pamper hamper, whiskey hamper and Christmas goodies hamper.

Tickets cost £2 for 5, or £5 for 15. They can be bought at our activities or on the day at the Christmas party.

The draw will take place at the Christmas Party on Thursday 15th December.

Winners not attending will be notified after the event.

Good luck!



Merry Christmas one and all!



**Our last event before Christmas will be on Friday 16th December.
After this, our activities will restart in the New Year on 3rd January 2023.
May we wish you all a very Merry Christmas, and a healthy, Happy New Year.**

Celebrate Christmas with us at our festive events!

We're having festive craft fun in December's **Knit, Natter, Craft & Chatter**, with a crafty Christmas party on Thursday 1st December. Feel free to bring your knitting or crochet too. Every Thursday at Deepdale Community Centre between 10.30am-12.30pm, £3 including refreshments (Christmas Craft Party £5). The last session before Christmas is on Thursday 8th December.

Enjoy a mince pie and a glass of warming mulled wine listening to Christmas songs at **Walton Christmas Coffee Morning**. This is on Monday 5th December at 10.00am-12.00pm at Walton Village Hall. All ages welcome.

Get your dabbers and festive jumpers at the ready for **Christmas Bingo & Fun**, which is on Tuesday 13th December at Wetherby Sports Association. £3 includes refreshments.

The Christmas Party with Memphis Pete has now SOLD OUT.

Other events this month...

The Wise Winter Warmer - pay-as-you-feel café is open to everyone, every Tuesday from 11.30am-1.30pm. It serves hot drinks, soup, rolls and cakes alongside games and activities in a warm, safe environment at Wetherby Town Hall. The last session before Christmas is on Tuesday 13th December.

WiSEercise - is a gentle chair-based exercise class held every Tuesday, with our instructors Heather from Home Instead, or Kat from Funky Jives. The classes are at Boston Spa Village Hall from 10am-11am. The last class before Christmas is on Tuesday 13th December.

Chairobics and Aerobics is held every Thursday at The Engine Shed, Wetherby. Chairobics runs from 10.30am-11.15am and Aerobics from 11.15am-12pm. It's £3 to do one class, or add an extra £1 to do both classes. With special thanks to our instructors Heather and Kat. The last class before Christmas is on Thursday 8th December.

Our popular **Line Dancing** class with Julie takes place every Friday from 10.15am-12pm at St Joseph's Church Hall, Wetherby. It's £3 including refreshments. The last class before Christmas is on Friday 16th December.

The pom poms will be at the ready for **Move & Groove** a fun, informal dance-based exercise class with Kat at Walton Village Hall every Wednesday from 1pm-2.30pm. The last class before Christmas is on Wednesday 14th December.

The **Home Instead Companionship Café** is on Tuesday 6th December from 2pm-4pm at St James' Church in Wetherby. For more information, or to book, call Home Instead on 01937 220510.

Coffee Mornings

Wetherby Methodist Church Coffee Morning is every Wednesday from 10.00am - 12.00pm.

Thorner Coffee Morning is every Thursday, between 10.00am-12.00pm, at Thorner Bungalow.

Bramham Community Coffee Morning on the first Wednesday of the month from 10.00am-11.30am, at Bramham Village Hall Church Hill.

The WiSE Owl Café at Boston Spa Village Hall is open 9.00am-3.00pm Tuesday to Thursday.



Delicious breakfast / brunch choices. We use local butchers and suppliers for our produce. Free parking at the rear of the village hall. FREE WIFI inside.

Everyone is welcome. We are pushchair and wheelchair friendly. Our friendly staff and volunteers look forward to welcoming you.

The café closes for Christmas on Wednesday 21st December at 3pm. Reopens on Tuesday 10th January 2023 at 9am.

Don't forget you can book transport to take you to our WiSE activities. For more details, to register or to book contact Jo on **01937 222066** or via email **transport@w-ise.org.uk**

WiSE is a Charity Commission Registered Charitable Incorporated Organisation (CIO Foundation) No. 1163698.



Email: activities@w-ise.org.uk Tel: 01937 588994