

DATE	EVENT	TIME	LOCATION	PRICE
Mon 30th				
Tues 31st	Welcome Café	11.30am - 1.30pm	CHANGE OF VENUE - St Joseph's Church Hall, Wetherby	ALL AGES WELCOME
Wed 1st	NO Move & Groove			
Thurs 2nd	Knit, Natter, Craft & Chatter - Painted Poppy Rocks	10.30am - 12.30pm	Deepdale Community Centre, Boston Spa	£4 including refreshments
Fri 3rd	Line Dancing	10.15am - 12.00pm	St Joseph's Church Hall, Wetherby	£4 including refreshments
Mon 6th				
Tues 7th	Welcome Café	11.30am - 1.30pm	Wetherby Town Hall	ALL AGES WELCOME
Weds 8th	Move & Groove	1.00pm - 2.30pm	Walton Village Hall	£4 including refreshments
	WiSE Memory Cafe	1.30pm - 3.30pm	The Church Rooms, St James' Church, Wetherby	£4 including refreshments - REFERRAL ONLY
Thurs 9th	Knit, Natter, Craft & Chatter - Christmas Planters	10.30am - 12.30pm	Deepdale Community Centre, Boston Spa	£4 including refreshments
	WiSE Goes to the Movies - The Miracle Club	11am (Film 11.30am)	Wetherby Cinema	£5 TICKET ONLY - see overleaf
Fri 10th	Line Dancing	10.15am - 12.00pm	St Joseph's Church Hall, Wetherby	£4 including refreshments
Mon 13th				
Tues 14th	Welcome Café	11.30am - 1.30pm	Wetherby Town Hall	ALL AGES WELCOME
Weds 15th	Move & Groove	1.00pm - 2.30pm	Walton Village Hall	£4 including refreshments
	Elderberries with Memphis Pete	1.30pm - 3.30pm	St Joseph's Church Hall, Wetherby	£4 including refreshments
Thurs 16th	Knit, Natter, Craft & Chatter - Decorated Tote Bags	10.30am - 12.30pm	Deepdale Community Centre, Boston Spa	£4 including refreshments
Fri 17th	Line Dancing	10.15am - 12.00pm	St Joseph's Church Hall, Wetherby	£4 including refreshments
Mon 20th				
Tues 21st	Welcome Café	11.30am - 1.30pm	Wetherby Town Hall	ALL AGES WELCOME
	Christmas Jumper Bingo! 	1.30pm - 3.30pm	Wetherby Town Hall	£4 including refreshments
Weds 22nd	Move & Groove	1.00pm - 2.30pm	Walton Village Hall	£4 including refreshments
	WiSE Memory Cafe	1.30pm - 3.30pm	The Church Rooms, St James' Church, Wetherby	£4 including refreshments - REFERRAL ONLY
Thurs 23rd	Knit, Natter, Craft & Chatter - Pom Pom Wreaths (Part 1)	10.30am - 12.30pm	Deepdale Community Centre, Boston Spa	£4 including refreshments
Fri 24th	Line Dancing	10.15am - 12.00pm	St Joseph's Church Hall, Wetherby	£4 including refreshments
Mon 27th				
Tues 28th	Welcome Café	11.30am - 1.30pm	Wetherby Town Hall	ALL AGES WELCOME
Weds 29th	WiSE Goes to the Races	12.00pm-4.00pm	Wetherby Racecourse	£5 including refreshments - TICKETS REQUIRED
	Move & Groove	1.00pm - 2.30pm	Walton Village Hall	£4 including refreshments
Thurs 30th	Knit, Natter, Craft & Chatter - Pom Pom Wreaths (Part 2)	10.30am - 12.30pm	Deepdale Community Centre, Boston Spa	£4 including refreshments
	Christmas Social with Christopher and the Robins 	1.30pm-3.30pm	The Engine Shed, Wetherby	£4 including refreshments
Fri 1st	Line Dancing	10.15am - 12.00pm	St Joseph's Church Hall, Wetherby	£4 including refreshments

We look forward to welcoming you to our activities. Please help us deliver our services to the best of our ability and only arrive at our venues no more than 15 minutes before the event start time. If you are able to bring the correct change with you that would be a great help, too!

Welcome Cafe is a donation based cafe open to everyone, all ages, every Tuesday from 11.30am-1.30pm. It serves hot drinks, soup, rolls and cakes in a warm, safe environment at Wetherby Town Hall.

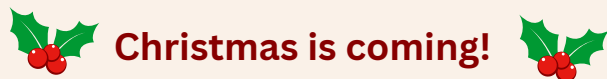
Shake your pom poms for **Move & Groove** - a fun, informal dance-based exercise class with Kat every Wednesday from 1pm-2.30pm at Walton Village Hall. **PLEASE NOTE - NO CLASS ON WEDS 1st NOV.**

Get the Friday feeling and start the weekend with a bang with Julie at our popular **Line Dancing** class, every Friday from 10.15am-12pm at St Joseph's Church Hall, Wetherby. £4 including refreshments.

Knit, Natter, Craft & Chatter is every Thursday at Deepdale Community Centre between 10.30am-12.30pm. Different crafts each week - check the schedule for details. Feel free to bring your knitting or crochet too. £4 including refreshments.

Memphis Pete will be getting the crowd 'All Shook Up' at November **Elderberries!** Wednesday 15th November, between 1.30pm-3.30pm at St Joseph's Church Hall, Wetherby. Entry is £4 per person, including refreshments.

WiSE goes to the Movies on Thursday 9th Nov from 11am - film starts at 11.30am. This month's film is The Miracle Club. Tickets cost £5 which include a hot drink and a cake, but be quick, as **tickets are limited** (only 25 available). See Debbie at events to get yours.



Christmas is coming!

Let's get merry and bright as we kick off the festive season with two events this month...

Jingle all the way to Wetherby Town Hall for a game of **Christmas Jumper Bingo!** Don't forget your lucky dabbers and your most festive jumper! Tuesday 21st November from 1.30pm-3.30pm. £4 including refreshments.

Ho ho ho! Get your tinsel ready for our **Christmas Social with Christopher and the Robins!** This will take place on Thursday 30th November from 1:30 pm - 3:30 pm at The Engine Shed, Wetherby. £4 including refreshments.

Coffee Mornings -

Wetherby Methodist Church Coffee Morning is every Wednesday from 10am - 12pm.

The Village Hub - Bramham's Community Meeting Place and Pop-In Cafe - every Monday from 11.30am-2pm at Bramham Village Hall

St James' Thursday Coffee Morning, every Thursday from 9.30am-11.30am in the church centre.

Thorner Coffee Morning is every Thursday, between 10am-12pm at Thorner Bungalow.

Thursday Winter Extra - a warm spaces cafe - every Thursday from 11.30am - 1pm at St James' Church Centre.



WISE GOES TO THE RACES

29 NOVEMBER 2023 | 12pm - 4pm*
WETHERBY RACECOURSE

*Times subject to change

TICKETS £5** (NON-REFUNDABLE) FROM -
ACTIVITIES@W-ISE.ORG.UK | 01937 588994

**Priority will be given to those who haven't been before, so that as many people as possible get to experience this event

The **WiSE Memory Café** to support those living with dementia and their carers will be held on 8th and 22nd Nov from 1.30pm to 3.30pm at The Church Rooms, St James' Church in Wetherby. **REFERRAL ONLY - Please phone WiSE before attending on 01937 588994.**

WISE OWL CAFE CLOSED 1ST & 2ND NOV



The WiSE Owl Café at Boston Spa Village Hall is open 9.00am - 3.00pm Tuesday to Thursday.

Delicious breakfast / brunch choices
We use local butchers and suppliers for our produce. Free parking at the rear of the village hall. **FREE WIFI** inside.

Everyone is welcome. We are pushchair and wheelchair friendly. Our friendly staff and volunteers look forward to welcoming you.

Don't forget you can book transport to take you to our WiSE activities.

For more details, to register or to book contact Jo on 01937 222066 or email transport@w-ise.org.uk

WiSE is a Charity Commission Registered Charitable Incorporated Organisation (CIO Foundation) No. 1163698



Email: activities@w-ise.org.uk

Tel: 01937 588994